## CICC PARTICIPATION MAPPING OCTOBER 2020 TO OCTOBER 2021





**Building Better Together** 













Title of participation activity	Project	Outcome and impact	Participation support
Children in Care Council (CiCC) online and postal consultation with children looked after and care leavers	Online and postal questionnaire developed and disseminated to children looked after and care leavers.	50 young people were consulted. The CiCC's action plan themes and objectives were informed by the views of children looked after and care leavers.  The CiCC has organised events such as a sports day and developing a positive mindset masterclass on the back of the results.	Chris McPhee
Children in Care Council action plan 2020/21	CiCC action plan developed by young people, informed by the views of children looked after, care leavers and social care staff.	children looked after and care leavers young people's feedback on issues and concerns informed the action plan objectives.  Created a detailed plan outlining objectives with key actions.	Chris McPhee
CiCC Christmas 2020	The annual CiCC christmas party was cancelled due to Covid restrictions.	With December 2020 still in lockdown and no venues open CiCC put together a video to be watched at home.  The CiCC also arranged for Santa to visit our semi independent units to drop off Christmas themed goody bags.	Junior Frank Ssuna

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Annual celebration of achievement awards 2021	The AfC annual celebration of achievement awards event brings together the most amazing group of children, young people and professionals.  We celebrate the extraordinary achievements of people involved in social care, across key areas. Awards cover excellent exam results, making community contributions, or hitting personal progress milestones and celebrating personal development, self-esteem and wellbeing goals.	150 children, young people, professionals and foster carers gathered at Twickenham Stadium in an Oscar-themed celebration.  The CiCC was involved in key decisions for the planning and organising of the annual awards event.  The CiCC continued to develop the new branding they designed last year to give the awards their own new identity.  The CiCC added new categories so the events would recognise different types of achievements. Awards and their categories were based upon last year's feedback whereby children and young people wanted to create more meaningful nominations.  All children looked after and care leavers were awarded for various achievements. They were presented with a personalised golden certificate with their name and a 20 word description about their achievements embossed upon it.  20 engraved star trophies were awarded for special achievements.  For the second year, the CiCC thanked care professionals for their service with star trophy awards celebrating various successes such as foster carer of the year, personal adviser of the year, and social worker of the year.  CiCC secured venue hire from Twickenham Stadium. They were involved in pitching the idea to staff at the stadium.	Chris McPhee

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Celebration and meet the Children in Care Council	Easter Egg competition and egg delivery to our semi-independent placements so young people could meet members of the CiCC.	Dania from the Children in Care Council teamed up with C4K's Gwen Ramsey. They created a fun easter marbling activity which was run live and online.  An Easter egg competition saw children submit their creative designs. 10 children won a prize.  Over 100 Easter eggs were bought and delivered to our	Chris McPhee  Frank Ssuna  Chris McPhee
		semi independent homes.	Frank Ssuna
CiCC members attend AfC corporate parenting panel (CPP) meetings	Children in Care Council members attend corporate parenting panel meetings.	The chair of the CiCC or a member of the Children in Care Council attends corporate parenting panel meetings.  Children in Care Council works collaboratively with CPP.  Joint activities, such as reviewing all CPP reports so young people can challenge, question and hold the CPP accountable.	Chris McPhee Junior Frank Ssuna
CiCC attend quarterly meeting with managers	The Children in Care Council chair facilitates quarterly meeting with AfC managers and elected officials to discuss policies and procedures. Young people get to ask questions, address issues of direct concern and work collaboratively.	These meetings have all been held online via Teams or Google Meets.	Chris McPhee Junior Frank Ssuna
HaveMySay App	In-house consultation app for children developed in partnership with IRO and the Children in Care Council to engage with children at the time of their looked after review meeting.	The CiCC co-produced the new HaveMySay app.  The CiCC was given the opportunity to contribute to the questions asked on the app.  It had full involvement in the look and feel, layout, colours and fonts and also co-designed the new HaveMySay logo.  Following on from last year, the CiCC have been involved in testing the app on their phones and given feedback to developers. They have also been involved in the marketing.	Chris McPhee

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CiCC interviewing of new staff	Children in Care Council members are actively engaged with AfC's recruitment process.	Young people are actively engaged with AfC's recruitment process for front line staff.  12 interviews involved Children in Care Council members over the last year, including personal advisers and social workers.	Chris McPhee
Bi-monthly newsletter	Newsletter to keep everyone up-to-date with what the CiCC members have been up to, what future events are on the horizon, and to raise the profile of the CiCC.	CiCC members designed the newsletter, including the look and feel of the letter.  CiCC members write and edit the editorial, features, and quizzes. It keeps everyone up-to-date with what the CiCC has been up to as well as promote events and anything else that children and young people can get involved in.  The newsletter is sent around to young people via email, and to children under 18 via post. It is also sent to all foster carers, posted on the AfC website and sent to all of the residential homes such as Greenleas and corporate parents.	Chris McPhee Junior Frank Ssuna
CiCC champions	CiCC champions are figureheads in key areas, including emotional health and wellbeing, accommodation, education, leaving care, fostering and physical health.	CiCC, the champions, and heads of service meet every two months. This has helped the CiCC to be closely involved in decisions and also acts as an opportunity for both to ask questions.  The meetings have successfully led to the launch of 'My Mind' the peer-to-peer support group and 'sports day'. CiCC have reported back to other children and young people upon the outcomes of the meetings in the newsletter.	Chris McPhee takes care of these key areas: education, leaving care, physical health and emotional wellbeing  Junior Frank Ssuna takes care of these key areas: accommodation and children looked after

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CiCC meetings	The Children in Care Council gives young people in care an opportunity to meet other young people and children with similar backgrounds and experiences. Young people and children voice their opinions, give their views and ideas to improve services for themselves. Also a platform from which they can influence decision makers.	for the last 12 months, the CiCC have been operating a hybrid style of meeting giving members the option to join face-to-face or online.  The CiCC also meets in many other ways including one-to-one with professionals and other members to work on projects via phone calls and virtual chats.	Chris McPhee Junior Frank Ssuna
Skills To Foster	Skills To Foster is a pre-approval training course to provide foster carers with the information necessary to begin a career in fostering.	The CiCC regularly attended the Skills To Foster course to share members' experiences of being in care and share their views upon what makes a good placement. It is a platform where everyone can ask and answer questions.	Chris McPhee
Gardening competition	To make a change to an outdoor space to boost children's sense of responsibility for nature, and gain a sense of achievement when nurturing something to grow. It will be fun and promotes being outdoors more often.  Gardeners have stronger immune systems and gardening relieves mental health and improves physical health.	CiCC members have extended the gardening project with the support of the Leaving Care team.  It has been popular in our accommodation services, including Green Leas.	Junior Frank Ssuna
Pan London CiCC	The London CiCC is sponsored by The Association for London Directors of Children's Services with the aim to improve the care experiences, improve opportunities for young people in care, and improve their skills and confidence.	The CiCC attended in-person meetings before restrictions back in 2019 and for the last two years attendance is online.  The CiCC has presented to Pan London their 'Prison Care Packs'. This was well received and led to other councils adopting the prison packs.	Chris McPhee Junior Frank Ssuna

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Annual residential	Two day residential to work on the action plan and other CiCC projects.	Two days in Bracknell. They stayed locally and worked from the Enterprise and Innovation Hub.  The CiCC picked Bracknell as it allowed them to experience a new area.  The Senior Leadership team came and met with them for some of the second day.  They worked on organising and writing the script for the Celebration of Achievement Awards, and continued to develop their voice training for the event. They also enjoyed a great meal out and trips to the cinema and Go Ape.	Chris McPhee Junior Frank Ssuna
Sports day	Annual joint sports day for young people and children to experience new sports and support the community.	This was launched off the back of the health champion listening and speaking to other young people.  On the day, there were sport coaches from Kingston Sports and Leisure Service. Over 10 sports were available, including basketball and table tennis.  There was a BBQ put together from a professional coach.	Junior Frank Ssuna
Annual elections	Annual elections for 2021/22 were held in October 2021.	CiCC members wrote a short manifesto. The new chairs and vice chairs started November 2021.	Chris McPhee
Birthday cards	Birthday card designed by CiCC for young people in prison or hospital.	CiCC members designed the card in 2020 and continue to send cards on request from social workers and personal advisers.	Chris McPhee
Youth club 'Get Connected'	Opportunity for young people to meet and spend time with other care leavers. This group is called 'Get Connected'.	Get Connected ran after CiCC on Thursdays.  It was decided by CiCC that this would just be run during half terms and school holidays.	Junior Frank Ssuna
Mental health conference	Workshops and talks around health and wellbeing.	Currently being developed by the CiCC for February 2022.	Precious Robinson Chris McPhee

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Workshops	<ul> <li>Workshop on mindfulness covering:</li> <li>how to develop a positive mindset</li> <li>how to be your best self on a more consistent basis</li> <li>how to set and achieve goals</li> <li>thriving when the day can be difficult and dealing with setback</li> <li>how to have high expectations and increase self-belief</li> </ul>	This brilliant workshop was attended by care leavers and attendees left feeling inspired and encouraged. They took away strategies on settings goals and thriving.	Chris McPhee
My Mind peer support group	My Mind is a peer support group organsied by the CiCC which allows young people to have a safe place to talk about anything with other young people with support from professionals.	My Mind was launched in 2020 with the support of the Emotional Health Service.  It has run bi-monthly and is attended by a mix of young people.	Chris McPhee
Prison care pack	A small number of our care leavers are in prison and this is a very difficult time for them.  The CiCC met with two care leavers and talked about the physical necessities that would support them.	Prison care packs have been sent to some of our care leavers currently in prison when needed.  Items include: pillows, towels, socks, underwear, plain tracksuit and sheets.	Chris McPhee Jenny Burton

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What makes an outstanding corporate parent? Corporate Parenting Panel training led by the CiCC	CiCC led training to the corporate parenting panel in May to everyone including senior management, councillors and heads of service.  Subjects covered:  what makes an outstanding corporate parent  less corporate and more parenting role'  young people's messages	Training was delivered successfully to over 20 CPP members.	Chris McPhee
Commissioning of an advocacy service	CiCC were fully involved in the recommissioning of an advocacy service.	The CiCC was supported in the recommissioning of an advocacy service.  It was involved in a number of meetings with the associate Director for Quality Assurance and Review.  The CiCC researched five providers using a scaling of 0 to 10.  The CiCC wrote three questions which could be asked of the short listed providers.	Chris McPhee
Children's Social Care and Early Help whole service event	The CiCC created short videos from our care leavers on what identity means to them, how AfC supported it and some tips on what they could be doing better. The workshop was most beneficial for those working with young people aged 15 and over.	Over 20 professionals attended this workshop that ran twice.	Chris McPhee Supported by Junior Frank Ssuna