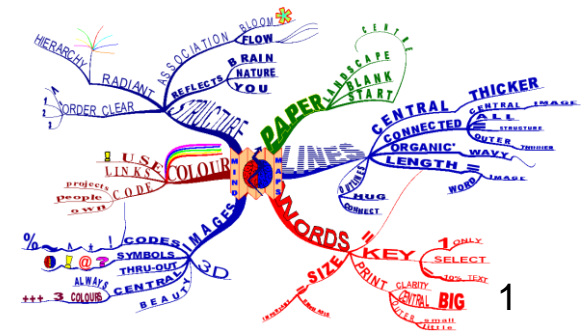


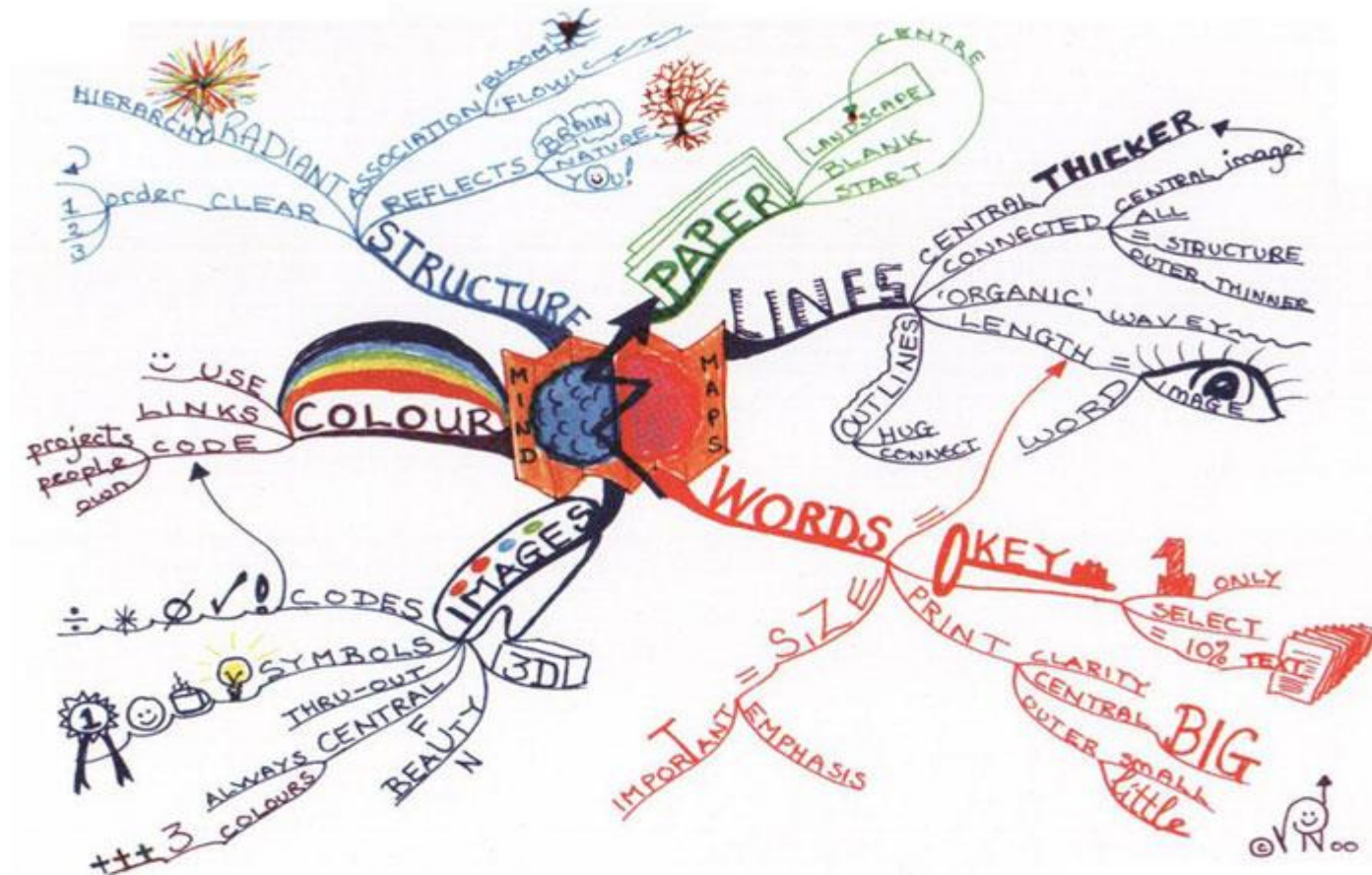
# Mind Mapping for beginners

1. What is a Mind Map ?
2. What can mind maps be used for?
3. Expert
4. Why use mind maps?
5. Rules of mind mapping
6. Your turn !



# What is a Mind Map ?

It is a graphical, learning and creating aid.



# What can mind maps be used for ?

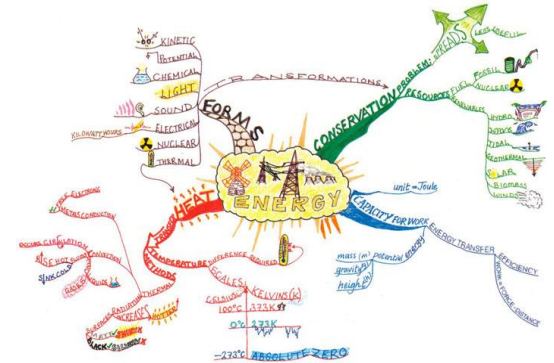
- To help organise information
- Taking notes in a meeting
- Planning an essay or report
- Generating ideas and thinking creatively
- Learning and studying

I'll let the expert tell you more.....



# Why use mind maps?

Think of 'your house'



This proves that your brain *remembers* and *thinks* in colour and pictures.

## Mind mapping:

links the **left side** of your brain that focuses on numbers, words, lists and logic, to the **right**, creative side.

- Your brain functions by connecting and associating between the left and right sides.
- Therefore using **images**, **key words**, and **colour** in mind maps, we are maximising our 'brain power', which **enhances** learning and creativity.

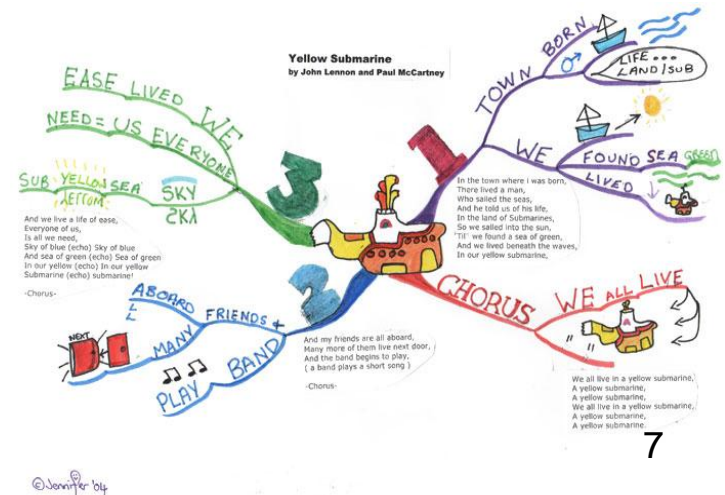
# Rules of mind mapping

Need: coloured pens, blank unlined paper and **your brain.**

1. Turn your paper to **landscape** position
2. Draw a **picture in the middle** that represents your main idea.
3. Draw some **thick lines** coming from the middle picture, this is for each of the main ideas.
4. Draw pictures where possible.
5. From each of the thicker lines, **draw thinner connected lines** spreading out like the branches of a tree. These are for extra ideas.

All writing should be **KEY** words only  
Words printed in **CAPITAL** letters

Each branch should have its own colour  
Keep adding new ideas!!



Now its your turn !!

Task:

Create a mind map to plan for **Christmas**.

Start the word **CHRISTMAS** in the middle.





# CHRISTMAS

MUM

PRESENTS

TREE

REAL

LIGHTS

TINSEL

DAD

SCARF



# More examples

